

## Supporting each other...

We meet every 2<sup>nd</sup> Tuesday of the month at Derwent Community School, St Marks Road, Chaddesden, Derby.

10am – 11.30am

- Make New Friends
- Lending Library
- Safe environment for little one's to play
- Singing time
- Learn Makaton
- Free Refreshments

### Suggestions / Comments Box

There is a suggestion box available by the lending library for you to use if you have any suggestions or comments either positive or negative.

We would like to remind parent's / carer's that children remain your responsibility during the session.

I do hope you will see the benefit of coming to our group and continue to support us and if you have any recommendations or ideas please feel free to say

## Contact Us

Group Organiser's

Rachel Wild 07722608586

Email: [rachel.wild15@ntlworld.com](mailto:rachel.wild15@ntlworld.com)

Mel Treece 07947333232

Email: [meltreece@virginmedia.com](mailto:meltreece@virginmedia.com)

Facebook Page

Tegan's Butterflies in Paradise

# Tegan's Butterflies in Paradise

A support Group for families with pre-school children with special needs in Derby City and Derbyshire





“I can’t tell you how supportive this group has been. It was so good to talk to other mum’s and find out how they were getting on with their children. It was really helpful and I think it was then I started feeling a whole lot more positive about life”

**Rachel Mellor, mum to Isla**

We are a parent led support group for families with children under the age of 5 years old who have special needs, mainly Down syndrome.

The group is as an opportunity for families to get together to offer support to one another and have a nice friendly chat whilst the little ones play.

**LENDING LIBRARY** - We have several books and DVD’s that can be ‘loaned’ to parents. Some are informative and others are for you to read with the ones. If you do borrow anything please fill out the sheet, so we can keep track of where things are. Toys can also be borrowed at the discretion of the group organisers.



#### DRINKS/SNACKS

- A snack is provided for all children attending the group – usually yogurt and melt in the mouth crisps such as wotsits.
- Please let us know if your child has or develops any allergies.
- Please bring a drink in their own beaker for your child.
- Hot drinks are available for adults in the snack area.
- For health and safety reasons please do not take hot drinks out into the play area.



#### Useful Contacts

##### **Down Syndrome Derby:**

A local Parent led support group. Free to Join.gftrh3

Secretary: Debbie Cavill

[www.downs-syndrome-derby.org](http://www.downs-syndrome-derby.org)

##### **Down Syndrome Association:**

National Support group, offering advice and support. A small donation is requested to join the group.

Langdon Down Centre, 2a Langdon Park, Teddington, Middlesex, TW11 9PS

[Info@downs-syndrome.org.uk](mailto:Info@downs-syndrome.org.uk)

Helpline: 0333 1212 300

##### **Umbrella:**

Runs activities for disabled children and young people. Also offers advice to parents/carers.

64 Birdcage Walk, Mackworth and at the Royal Derby Hospital.

[www. Umbrella.uk.net](http://www.Umbrella.uk.net)

[admin@umbrella.uk.net](mailto:admin@umbrella.uk.net)

Tel: 01332 521229

##### **Derby City Parent Carer Forum:**

Support group for carers of disabled children.

[www.derbycityparentcarerforum.org.uk](http://www.derbycityparentcarerforum.org.uk)